

### SUNRISE Until 11:30 am\*

hollandaise sauce (beetroot)

SELECTION OF TOAST fruit toast, seeded gluten free, Turkish or soy & linseed/ white sourdough two slices, toasted & served with choice of preserves FRFF RANGF FGGS "YOUR WAY" 19 two eggs: scrambled, poached or fried on toasted soy & linseed sourdough **BACON AND EGG ROLL** (available all dav)\* 15 with tomato relish (GF bun available +\$3) **3 EGGS OMELETTE** [V,GF option] 24 with chorizo, cherry tomatoes, cheddar cheese on toasted soy & linseed sourdough **HOUSE GRANOLA** [V] 23 honey roasted oats, almonds, seeds & grains, yoghurt, seasonal fruits & lemon myrtle CROISSANT FRENCH TOAST 25 Egg wash, cinnamon, Canadian maple syrup & seasonal fruits AVO ON TOAST [V, GF & Vegan option] 21 Soy& Linseed toast, smashed avo, cherry tomato, buffalo mozzarella, radish, dazzle basil pesto SEASONAL FRUIT SALAD [V, GF & Vegan option w/Coconut yoghurt] 22 Greek yoghurt, seasonal mixed fruit & lemon myrtle 25 EGGS BENEDICT [V, Gf option] toasted English muffin, sliced tomatoes, grilled ham, two poached eggs, pink



### SUNRISE CONT.

QUINOA BOWL 27

with sautéed greens, avocado, smoked salmon and goat cheese.

(Vegan option available with grilled tomato & house made vegan soy cheese)

CHORIZO SHAKSHUKA [GF option] 26

with braise chorizo onion ragu', napolitana sauce, two poached eggs & mozzarella served with white sourdough

ZUCCHINI CORN & FETA FRITTERS [ ∨ ] 27

avocado, sour cream, chives & two poached eggs served with heirloom cherry tomatoes and pomegranate molasses

PASTURE BIG BREKKY (GF .DF option) 28

Turkish toast, mixed mushrooms, roasted tomatoes, halloumi cheese, two eggs "your way" & your choice of bacon or a sausage

VEGAN BIG BREKKY (GF Option) 28

Focaccia, avocado, mixed mushrooms, roasted tomatoes, scrambled tofu & sautéed spinach

SIDES/ADD: Poached / Fried egg (\$4), Scrambled egg (\$6) bacon (\$6), pork sausage (\$6), roast tomatoes (\$5), avocado (\$6), mushrooms (\$6), halloumi (\$6), smoked salmon (\$6), spinach (\$4), ham (\$6), hash brown (\$4)

CHILDREN'S BREAKFAST PLATE (under 12 years) 17

Fresh fruits, yoghurt, egg "your way", toast fingers & sausage

KIDS TOAST 14

slice of white sourdough with spread Nutella & strawberries

GF: Gluten Free; V: Vegetarian; DF: Dairy Free; AV: Available Vegan.

Our menus contain allergens and are prepared in kitchens that handle nuts, shellfish, gluten & eggs. Whilst all reasonable efforts are taken to accommodate dietary requirements, traces of allergens may be present.



# **COFFEE & TEA**

HOT CHOCOLATE Regular 4.8, Large 5.8

ICED COFFEE 8.2 (Contains Ice-cream)

ICED LATTE 6.5(No Cream or Ice cream)

SINGLE ORIGIN BATCH BREW 6.5

CHAI LEAVES ~ 6.5

Caramel/hazelnut/vanilla: add \$1

soy/almond/oat: add \$1

## SELECTION OF T2 TEAS \$5.2

Rooibos (caffeine free), mint, green, French earl grey, English breakfast, chamomile spring jasmine, lemongrass & ginger; Bombai Chai



### **JUICES & DRINKS**

JUICES ~ Your combination of apple/orange/carrot/ ginger/celery 8

MILKSHAKES ~ vanilla/chocolate/strawberry/caramel 8

SMOOTHIES 9

SPARKLING MINERAL WATER 5

SOFT DRINKS 4.7

KOMBUCHA 7

NOAH'S JUICES— 260 ML 7

BUNDABERG GINGER BEER 6

RAW COCONUT WATER 330ml 6.5

POWERADE 7

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